# BFA BALLET – WOMEN

**BALLET TEACHING EMPHASIS/STUDIO TEACHING CERTIFICATE**

2013-2014 Catalog Year

The following information is to help you track graduation requirements for the BFA in Ballet (Ballet Teaching Emphasis/Studio Teaching Certificate). Each student is unique, and your degree should be unique to you. To maximize and tailor your degree to meet your needs and interests, you should meet regularly with a College of Fine Arts academic advisor:

<table>
<thead>
<tr>
<th>Name</th>
<th>Email</th>
<th>Office</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kira Jones</td>
<td><a href="mailto:kjones@uc.utah.edu">kjones@uc.utah.edu</a></td>
<td>MCD 126</td>
</tr>
<tr>
<td>Lena May-Fraser</td>
<td><a href="mailto:lena.mayfraser@utah.edu">lena.mayfraser@utah.edu</a></td>
<td>PAB 216</td>
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<tr>
<td>Brett Runnion</td>
<td><a href="mailto:brunnion@uc.utah.edu">brunnion@uc.utah.edu</a></td>
<td>ART 270</td>
</tr>
</tbody>
</table>

To schedule an appointment with one of these advisors, please visit [http://advising.utah.edu/scheduling](http://advising.utah.edu/scheduling). If you have trouble making the appointment, please call the front desk at University College (801-581-8146).

## GENERAL EDUCATION REQUIREMENTS

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 course</td>
<td>AI – American Institutions</td>
</tr>
<tr>
<td>1 course*</td>
<td>WR2 – Lower Division Writing</td>
</tr>
<tr>
<td>1 course*</td>
<td>QA – Quantitative Reasoning A</td>
</tr>
<tr>
<td></td>
<td>(college algebra/trigonometry)</td>
</tr>
<tr>
<td>2 courses</td>
<td>HF – Humanities</td>
</tr>
<tr>
<td>1 course</td>
<td>SF – Physical/Life Science</td>
</tr>
<tr>
<td>1 course</td>
<td>SF/AS – Physical/Life Science</td>
</tr>
<tr>
<td></td>
<td>OR Applied Science</td>
</tr>
<tr>
<td>2 courses**</td>
<td>BF – Behavioral Science</td>
</tr>
</tbody>
</table>

*Depending on your placement, you may be required to take prerequisite courses for the Writing and/or Math requirement(s).

**Some BF courses will fulfill emphasis/certificate requirements.

## UNIVERSITY REQUIREMENTS

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minimum Cumulative GPA</td>
<td>2.00</td>
</tr>
<tr>
<td>Minimum Credit Hours</td>
<td>122</td>
</tr>
<tr>
<td>Minimum Upper-Division Credit Hours</td>
<td>40</td>
</tr>
<tr>
<td>Residency Credit Hours</td>
<td>30 total, 20 of last 30 (taken at the U of U)</td>
</tr>
</tbody>
</table>

## BACHELOR’S DEGREE REQUIREMENTS

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 course*</td>
<td>CW – Upper Division Communication/Writing</td>
</tr>
<tr>
<td>1 course</td>
<td>DV – Diversity</td>
</tr>
<tr>
<td>1 course</td>
<td>IR – Upper Division International</td>
</tr>
</tbody>
</table>

*BALLE 4815 Dance Communication will fulfill a core requirement and the CW requirement. DANC 4571 Movement in Culture will fulfill a core requirement and the CW requirement. MGT 3810 Business & Professional Communication will fulfill a certificate requirement and the CW requirement. Completion of the lower-division writing requirement (WRTG 2010, AP English Exam score of 4 or higher, or ESL 1060) is a prerequisite for a CW class.*

PLEASE NOTE: There are several courses that will fulfill a General Education requirement and a Bachelor’s Degree requirement simultaneously. The College of Fine Arts academic advisors can help you select the best classes for your degree.
BALLET CORE REQUIREMENTS

To receive the BFA in Ballet, students must successfully complete 80 credits from the courses listed below. Student must receive a grade of "C-" or better in all required major courses. Classes that are repeatable for credit have an (R) next to them.

I. STUDIO CLASSES (38 credits)
Complete 24 credits of Ballet Technique and 8 credits of Pointe/Variations courses. Each year, a placement class is held to determine which class level is appropriate for each student. Students must advance to the 4000 level prior to graduation. Class levels for Jazz are similarly determined by the Jazz instructor.

**Ballet Technique (24 credits)**
- BALLE 2290 (R) Ballet Technique I
- BALLE 3290 (R) Ballet Technique II
- BALLE 4290 (R) Ballet Technique III
- BALLE 4590 (R) Ballet Technique IV
- BALLE 4790 (R) Ballet Technique Apprenticeship
- BALLE 4795 (R) Ballet Technique: Ballet West Trainee

**Pointe/Variations (8 credits)**
- BALLE 2200 (R) Pointe/Variations: Lower Division
- BALLE 3200 (R) Pointe/Variations: Upper Division I
- BALLE 4200 (R) Pointe/Variations: Upper Division II
- BALLE 4500 (R) Pointe/Variations: Utah Ballet
- BALLE 4720 (R) Pointe/Variations Apprenticeship
- BALLE 4721 (R) Pointe/Variations: Ballet West Trainee

**Other Studio Classes (6 credits)**
- BALLE 2300 Character Dance I
- BALLE 2310 Character Dance II
- BALLE 2320 (R) OR 2330 (R) Modern Technique for Ballet Majors
- BALLE 2380/2390 OR 3380/3390 (R) OR 4380/4390 (R) Jazz Dance

II. PERFORMANCE CREDITS (8 credits)
Students may earn performance credits for Showcase, Character Dance Ensemble, Ballet Ensemble, Jazz Concert, Utah Ballet or performances in professional companies. Any time a student is in a department performance, the student must enroll for at least 1 credit. Students who are in multiple pieces in one performance or have/are in a soloist role may enroll for additional credit.

- BALLE 4605 (R) Performance Credit: Ballet Showcase
- BALLE 4610 (R) Performance Credit: Character Ensemble
- BALLE 4630 (R) Performance Credit: Ballet Ensemble
- BALLE 4650 (R) Performance Credit: Utah Ballet
- BALLE 4665 (R) Performance Credit: Ballet West
- BALLE 4670 (R) Performance Credit: Apprenticeship
- BALLE 4660 (R) Performance Credit: Jazz Concert
- BALLE 4671 (R) Performance Credit: Apprenticeship

III. ACADEMIC CLASSES (18-19 credits)
Complete Eight (8) courses:
- BALLE 1400 Health & Wellness for Dancers
- BALLE 1500 Elements of Music
- BALLE 2500 Ballet Class Music: A Tutorial
- BALLE 4401 Kinesiology & the Physics of Ballet I
- BALLE 4402 Kinesiology & the Physics of Ballet II
- BALLE 4410 Ballet History
- BALLE 4780 Ballet Methodology
- BALLE 4940/4960/4930 Senior Capstone

IV. ACADEMIC CLASS ELECTIVE
Complete One (1) course:
- BALLE 3830 Character Dance History
- BALLE 4060 Perspectives in Character Dance
- BALLE 4815 Dance Aesthetics & Comm. (CW)
- DANC 1010 Dance in Culture (DV)
- DANC 1025 History & Evolution of Dance on Film
- DANC 4571 Movement in Culture (CW)
- DANC 4711 Dance History
- DANC 4875 Contemporary Views
- DANC 6410 Explorations in Dance & Digital Media
V. ACTIVITY CLASSES (7 credits)
Complete THREE (3) courses:
BALLE 1600 Introduction to Ballet Technology
BALLE 4700 Choreography I
BALLE 4710 Choreography II

VI. CHOREOGRAPHY
Complete TWO (2) courses:
BALLE 2910 Dance Improvisation
BALLE 4730 (R) Choreography & Production: Showcase
BALLE 4745 (R) Advanced Choreography (study of iconic choreographers)
BALLE 4940 (R) Senior Capstone (choreographic project)
BALLE 4960 (R) Honors Senior Capstone (choreographic project)

VII. BODY–WORK
Complete ONE (1) course:
BALLE 3000 (R) Pilates Mat
BALLE 3300 (R) Pilates Reformer & Apparatus
ESSF 1045 (R) Elem. Pilates Circuit
ESSF 1046 (R) Elem. Pilates Reformer
ESSF 1048 (R) Interm. Pilates Circuit
ESSF 1049 (R) Interm. Pilates Reformer
ESSF 1054 (R) Elem. Pilates
ESSF 1057 (R) Yoga
ESSF 1058 (R) Off-Campus Yoga
ESSF 1059 (R) Off-Campus Yoga
ESSF 1059 (R) Off-Campus Yoga
DANC 1110 Conditioning for Dancers
DANC 1111 Movement Fundamentals (Bartenieff)
THEA 3210 (R) Tai-Chi Yoga Movement
THEA 3220 (R) Movement Awareness (Alexander)

BALLET ELECTIVES

To reach the minimum credit hour requirement for this major (80 credits), students may need to take BALLET ELECTIVES in addition to the BALLET CORE REQUIREMENTS. If students need additional credits to satisfy the University's 122 credit hour requirement, they may also take the classes below or any of the classes above that are repeatable for credit (R).

BALLE 2800 (R) Independent Study
BALLE 3010 Acting for Dancers
BALLE 3260 Dance Production
BALLE 3385 Audition Preparation (Jazz)
BALLE 3900 (R) Special Topics
BALLE 4310 (R) Advanced Character Dance I
BALLE 4320 (R) Advanced Character Dance II
BALLE 4420 (R) Repertoire
BALLE 4430 (R) Character Repertoire
BALLE 4570/4580/4585 (R) Partner Adagio
(BALLET 4760 Portfolio Design
BALLE 4785 Ballet Pedagogy
BALLE 4800 (R) Independent Study: General
BALLE 4821 Teaching Practicum: Ballet
BALLE 4826 Teaching Practicum: Other (Honors)
BALLE 4860 Teaching Practicum: Ballet
BALLE 4880 Teaching Practicum: Character
BALLE 4890 Teaching Practicum: Other
BALLE 4930 Senior Capstone: Teaching Practicum

(RECOMMENDED)
BALLET TEACHING EMPHASIS

Students must complete the requirements above and the following courses to earn a BFA in Ballet with a Ballet Teaching Emphasis (15 credits). This emphasis is noted on your transcript. Some courses meet GE requirements.

I. REQUIRED COURSES (6 credits)
*Complete THREE (3) courses:*
- BALLE 3260 Dance Production
- BALLE 4785 Ballet Pedagogy
- BALLE 4860 Teaching Practicum: Ballet

II. TEACHING ELECTIVES (3 credits)
- BALLE 4210 (R) Pointe Methodology
- BALLE 4860 Teaching Practicum: Ballet
- BALLE 4880 Teaching Practicum: Character
- BALLE 4890 Teaching Practicum: Other
- BALLE 4930 Senior Capstone: Teaching Practicum

III. HUMAN DEVELOPMENT COURSES (6 credits)
*Complete ONE (1) course:*
- FCS 1500 Human Develop. (BF)
- FCS 2570 Middle Childhood (BF)
- FCS 3215 Develop. in Infancy & Childhood (BF)
- PSY 1220 Psych. of Infancy & Childhood (BF)
- PSY 1230 Psych. of Adolescence
- PSY 3220 Child & Adolescent Develop.
- FCS 5230 Adolescent Develop. in the Family

BALLET STUDIO TEACHING CERTIFICATE

Students must complete the requirements above and the following courses to earn a BFA in Ballet with a Certificate in Ballet Studio Teaching (21 credits). This certificate is noted on your transcript. Some courses meet GE requirements.

I. REQUIRED COURSES (6 credits)
*Complete THREE (3) courses:*
- BALLE 3260 Dance Production
- BALLE 4785 Ballet Pedagogy
- BALLE 4860 Teaching Practicum: Ballet

II. TEACHING ELECTIVES (3 credits)
- BALLE 4210 (R) Pointe Methodology
- BALLE 4860 Teaching Practicum: Ballet
- BALLE 4880 Teaching Practicum: Character
- BALLE 4890 Teaching Practicum: Other
- BALLE 4930 Senior Capstone: Teaching Practicum

III. HUMAN DEVELOPMENT COURSES (6 credits)
*Complete ONE (1) course:*
- FCS 1500 Human Develop. (BF)
- FCS 2570 Middle Childhood (BF)
- FCS 3215 Develop. in Infancy & Childhood (BF)
- PSY 1220 Psych. of Infancy & Childhood (BF)
- PSY 1230 Psych. of Adolescence
- PSY 3220 Child & Adolescent Develop.
- FCS 5230 Adolescent Develop. in the Family

IV. BUSINESS COURSES
*Complete TWO (2) courses:*
- ACCTG 2600 Survey of Accounting
- MKTG 3000 Marketing Vision (non-business majors)
- MGT 3810 Business & Professional Comm. (CW)
- ENTP 4560 Small Business Management
# RECOMMENDED COURSE OF STUDY

The following courses are listed here as part of the recommended course of study. Courses with one (1) asterisk meet requirements, though alternatives may be selected as previously outlined. Courses with two (2) asterisks are recommended elective courses. Courses in brackets are required for the Ballet Teaching Emphasis or Ballet Studio Teaching Certificate.

## FRESHMAN YEAR

### FALL

- BALLE 1400 (3) Health & Wellness for Dancers
- BALLE 1500 (2) Elements of Music
- BALLE 2300 (1) Character Dance I
- BALLE ___ (3) Ballet Technique
- BALLE ___ (1) Pointe/ Variations
- *BALLE ___ (1-2) Body Work
- *BALLE ___ (1+) Performance

**TOTAL CREDITS: 12**

### SPRING

- BALLE 1600 (1) Intro. to Ballet Technology
- BALLE 2310 (1) Character Dance II
- BALLE 2320 (2) Modern Tech. for Ballet Majors
- *BALLE 2910 (2) Dance Improvisation
- BALLE ___ (3) Ballet Technique
- BALLE ___ (1) Pointe/ Variations
- *BALLE ___ (1+) Performance

**TOTAL CREDITS: 11**

## SOPHOMORE YEAR

### FALL

- BALLE 2380/3380/4380 (1) Jazz Dance I
- BALLE 4401 (2) Kinesiology/Physics of Ballet I
- BALLE 4700 (3) Choreography I
- BALLE ___ (3) Ballet Technique
- BALLE ___ (1) Pointe/ Variations
- *BALLE ___ (1+) Performance

**[FCS/PSY (3) Human Development Course]**

**TOTAL CREDITS: 11 (14)**

### SPRING

- BALLE 2500 (2) Ballet Class Music: A Tutorial
- BALLE 2390/3390/2390 (1) Jazz Dance II
- BALLE 4402 (2) Kinesiology/Physics of Ballet II
- BALLE 4710 (3) Choreography II
- BALLE ___ (3) Ballet Technique
- BALLE ___ (1) Pointe/ Variations
- *BALLE ___ (1+) Performance

**[FCS/PSY (3) Human Development Course]**

**TOTAL CREDITS: 13 (16)**

## JUNIOR YEAR

### FALL

- **[BALLE 3260 (2) Dance Production]**
- **[BALLE 4560 (1) Partner Adagio]**
- BALLE 4780 (3) Ballet Methodology
- BALLE ___ (3) Ballet Technique
- BALLE ___ (1) Pointe/ Variations
- *BALLE ___ (1+) Performance

**TOTAL CREDITS: 9 (11)**

### SPRING

- BALLE 4410 (3) Ballet History (online)
- **[BALLE 4570 (1) Partner Adagio]**
- *BALLE 4730 (1) Choreo. & Prod.: Showcase
- **[BALLE 4785 (3) Ballet Pedagogy]**
- BALLE ___ (3) Ballet Technique
- BALLE ___ (1) Pointe/ Variations
- *BALLE/DANC (3) Academic Course

**TOTAL CREDITS: 12 (15)**

## SENIOR YEAR

### FALL

- **[BALLE 4880/4930/4210 (1-2) Teaching]**
- BALLE 4940/4960 (2-3) Senior Capstone
- BALLE ___ (3) Ballet Technique
- BALLE ___ (1) Pointe/ Variations
- *BALLE ___ (1+) Performance

**[Business Course (3)]**

**TOTAL CREDITS: 7-8 (11-13)**

### SPRING

- **[BALLE 4880/4930/4210 (1-2) Teaching]**
- BALLE ___ (3) Ballet Technique
- BALLE ___ (1) Pointe/ Variations
- *BALLE ___ (1+) Performance

**[Business Course (3)]**

**TOTAL CREDITS: 5 (9-10)**
SEQUENTIAL COURSES

It is very important that you take courses in sequence and register for the proper course numbers. Sequenced courses should be taken in the same academic year. For example: BALLE 3380 Jazz Dance (fall) and BALLE 3390 Jazz Dance (spring) or BALLE 2300 Character Dance I (fall) and BALLE 2310 Character Dance II (spring). Some numbers stay the same all year (Ballet Technique – 2290, 3290, 4290, etc.) and others are in sequence (Character, Modern and Jazz Dance).

It is critical that you register for these courses properly so that they count towards graduation. If you register for BALLE 3380 Jazz Dance in the fall of your sophomore year, and wait to take the second semester when you are a junior, you must register for BALLE 3390 Jazz Dance (spring).

COURSES REPEATABLE FOR CREDIT

Some classes, such as Independent Study and Ballet Technique, are repeatable for credit. However, other classes, such as BALLE 2300 (1) Character Dance I, are not repeatable. This means that if you register for BALLE 2300 twice, one of the 2300 classes will not count, because 2300 is not repeatable for credit.

Make sure you know which courses are repeatable and which are not, so you stay on track for graduation. **Courses that are repeatable for credit have an (R) next to them** (see above). While a course may be repeatable, there is always a maximum number of credit hours you can receive for a course. **If you plan to repeat a course, schedule an appointment with your academic advisor.**

COURSE DESCRIPTIONS & SCHEDULES

Course Descriptions: [http://catalog.utah.edu/content.php?catoid=4&navoid=194](http://catalog.utah.edu/content.php?catoid=4&navoid=194)
Course Schedules: [http://www.utah.edu/students/catalog.php](http://www.utah.edu/students/catalog.php)