Guidelines for 2019 Summer Intensive

Welcome to the 2019 University of Utah Ballet Summer Intensive. We are very happy that you have chosen to join us for the next four weeks. Below are the guidelines you will need to follow during your time with us. Please read through carefully. These are intended to insure your safety and to allow you to get the most out of this program.

Dress

Please wear attire over your dance clothes when you are traveling to or from the Marriott Center for Dance. Remember that during the four weeks you are here you represent ballet at the University of Utah both on and off campus.

Dress Code for Classes

Dancewear selections must present a clean and professional appearance allowing the instructor to clearly see the dancer’s body. This includes refraining from wearing dance attire with large graphics and logos. Bare legs, bare midriffs, loose or sloppy warm-up pants, cut-off tights, and plastic sweat pants are not permitted in classes. Hair must be securely fastened off face and neck in order not to interfere with the execution of turns and jumps. Students must also refrain from wearing heavy or sharp hair ornaments and jewelry.

Ballet Studio Classes – Technique and Pointe

Daily Class Dress code

- **Women**: Any solid single-color leotards and pink or flesh tights worn under the leotard. Tights need to be worn inside ballet shoes.
- Leg warmers may be worn in cases of injury and must be knit, tight fitting, and a light pastel color in order to be less visually distracting – pink is recommended. NO PLASTIC SHORTS IN CLASS.
- Skirts may be worn for Pointe and Variations classes
- **Men**: Any solid single-color form fitting t-shirt, leotard or the like, tucked in (no large graphics), black or gray tights, white socks, and white shoes or socks and shoes of the same color. Leg warmers may be worn in cases of injury and must be knit, tight fitting and black or gray.

Formal Class Dress Code for Saturday Master Classes

- **Women**: Black leotards any style, pink tights, and pink shoes. Tights will be worn under the leotard. Leg warmers may be worn in cases of injury and must be knit, tight fitting, and a light pastel color in order to be less visually distracting – pink is recommended.
• **Men:** White or black t-shirts tucked in or other form fitting leotard or the like, (no large graphics), black or gray tights, white socks, and white shoes or socks and shoes of the same color. Leg warmers may be worn in cases of injury and must be knit, tight fitting and black or gray.

**Character Dance classes**

• **Women:** Regulation character skirt and character shoes, any solid color leotard and pink tights.
• **Men:** Character shoes, jazz shoes or boots, any solid color tights and form fitting t-shirt.

**Partnering classes**

• **Women:** Any solid color leotard and pink tights. The style of the leotard must completely cover the waist and back to allow for proper partnering work.
• **Men:** Any solid color tights and form fitting t-shirt. **Jazz Classes**
• **Women:** Any type of low heeled-jazz shoe, choice of color and style of leotards and tights.
• **Men:** Any type of low-heeled jazz shoe and choice of colored t-shirt and tights.

**Modern Classes**

• **Women:** Choice of color and style of leotards and tights.
• **Men:** Choice of colored t-shirt and tights.

Bring a bath towel for floor exercises.

**African Dance**

• **All:** Wear clothing that allows freedom of movement.

**Rehearsals:** At the discretion of the choreographer or Repetiteur.

**Studio**

• Street shoes are not permitted in the studio.
• Please be mindful of the Marley surfaces and don’t drag anything across the floor such as a ballet barre

• There is no rosin allowed in the studios.
• Do not spray hairspray in the studios, it makes the floors slick.
• Do not put on body lotion and then roll around on the floor.
• You may only bring into the studio what will fit in the cubbies in each
studio. Everything else must be locked away in your dressing room locker. (Bring your own lock.)

- No Cell phones in the studios during class time unless you have prior consent from teacher because of special circumstances. (You may turn them OFF not just to vibrate only and put them in the cubbies.)
- Please stand up when the instructor enters the room. This shows him or her that you are prepared and ready to start class and is a sign of respect.

**Dorms**

or her that you are prepared and ready to start class and is a sign of respect.

- There is absolutely no alcohol or drugs permitted in the dorms or on campus. Any student found breaking this rule will be dismissed from the program without a refund. We have a ONE STRIKE and you're out policy.
- Misuse of the internet or cyber-bullying is prohibited. Any student found breaking this rule will be dismissed from the program without a refund. We have a ONE STRIKE and you’re out policy
- You will be living in close quarters with many people for four weeks. You are expected to be respectful of others backgrounds including but not limited to race, religion, sexual orientation, and food choices.
- A curfew for all students under 17, living in the dorms, will be will **10pm Sunday through Friday nights and 11pm on Saturday nights**. For those who are 18 years old or older you may stay out until Midnight on Saturday night as long as you have notified your RA. You will need to be inside the dorms by these times. Your RA’s will be letting you know when they will be conducting bed checks.

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**Safety**

- Drink lots of water! This is for your health and safety as it is easy to become dehydrated in this climate. A water bottle filling station is available on the main floor of the MCD and fountains are available on each floor.
- There are panic buttons in each of the studios and dressing rooms. Please take a moment to locate in the event of an emergency. Pressing one of these buttons will alert the campus police who will come to the Marriott Center for Dance immediately. Any intentional false alarm by a student may be grounds for dismissal from the program and a charge of $100.00 to cover the fee we will be charged.
- While on campus, or during a UBSI outing/activity, it is required that ALL STUDENTS travel in groups of at least three.
• While walking around campus and town, please use designated cross walks.
• If you are staying in the dorms on campus, you are required to let your RA know where you are going and when you plan to be back.
• If you are 17 and under you may not leave campus unless accompanied by an RA, University Staff member, or those who your parents designated on your registration.
• If you are living in the dorms and leaving Campus you are required to sign out with the RA on call. You will need to let them know where you are going, when you plan to be back and the names of everyone in the group.
• Pick up time for local and off campus students. If you are not staying on campus your pick up time from the MCD will be from 4:30pm MWF and 6:00pm TH each day in the A lot on the south side of the building. Please note that a fee will be assessed to a student’s parent if the student is picked up after these times. We cannot leave minors unsupervised in the building or on campus. This fee will go to compensate a University Staff member for staying late (+5:01 – 6:00 pm $25, 6:01 – 7:00 pm $50).
• You are allowed to use the Pilates room on breaks only after you have spoken with Maggie Tesch or Brenda Butcher and they are satisfied that you have proper experience to operate the equipment safely.

Saturday Classes

• Please enter through the North door of the MCD on Saturday mornings.
• Pick up time for Saturday will be 1:30 pm. The same late fees will apply as during the weekdays.
• For those who order lunch, they will be available at the MCD after your final class.

End of Program Performance

• If you will not be able to be in the performance on Friday, July 12, please let the teacher, choreographer or repetiteur know the first day of classes. You will still participate fully in the classes but they will put you in a position where you can be taken out during the performance with minimal changes.
• Attendance to the performance is FREE so invite your local friends or parents who are picking you up to come. There will be one performance this year in the MCD Theatre.
• A video will be available to order of the performance for you to remember your experience. The cost is $35 and needs to be paid online.

Locker Rooms/Personal Property

• Please keep your personal property locked in a locker or with you in the studio when here at the MCD. You will need to provide you own lock. If you forget your lock they are available at the Campus Bookstore just north of our building.
• We are not responsible for lost or stolen items. If you notice anything or anyone suspicious please report it immediately.
University Credit

- For those students who are incoming students or working with another university to receive credit, please introduce yourself to Maggie Tesch and other University of Utah faculty so that they know who you are for grading.
- You may sign for credit through once the program has started. You sign up with Sean Carter in Office 106.

Culture

- Help to create a culture of respect inside and outside the studio. Respect for each other, Respect for yourself and Respect for our art form.
- Be Open! Be open to correction. This will give you the best chance to grow as a technician, artist and as a person. Be willing to try things in a different way than you are used to.
- It’s about the process not just the results.
- Have fun and look for ways to encourage others over the next four weeks!

For more information see our website http://dance.utah.edu/summer-intensive

What to Bring?
Performance & Credits
Sample Schedule

Resident Assistants

All students participating in the UBSI will be assigned an RA to report to during the intensive. Below are their addresses. Their phone numbers will be given out at orientation.

laurakay.young@utah.edu michaela_gerard@yahoo.com u1027708@utah.edu Maggie.tesch@utah.edu / Work: 802-581-3945 Director of UBSI & U of U Recruitment
Glenda Staples - glenda.staples@utah.edu / Work: 801-585-5527 Administrative Officer School of Dance
Laura Kay Young – Head RA
Michaela Gerard – RA
Danielle Dreis – RA

Maggie Wright-Tesch

Please contact your assigned RA first if possible.