

Utah Ballet Summer Intensive

JUNE 19 - JULY 14, 2017

WHAT TO BRING:

- **Solid Black Leotard** (Required for the Saturday Master classes along with pink tights)
- **Solid Black Skirts** (Both a character skirt and chiffon wrap skirt may or may not be used for the end of the intensive performance)
- **Black Character Skirt** (mid calf length) & Character Shoes
- Technique & Pointe Shoes
- **Jazz Shoes** (Black)
- **Water bottle** (It is very easy to become dehydrated in our high altitude dry climate)
- **Yoga mat** (For Conditioning classes)
- **Theraband** (For Conditioning classes)
- **Knee Pads** (For Modern classes are available online or with cash or check from the MCD Offices. \$15 – They will be available to pick up at orientation.)
- **Sunscreen, Sunglasses, & Hat** (High UV ray exposure in Utah)
- **Comfortable walking shoes** (You will be doing a lot of walking around campus and to and from some activities)
- **Clothing** -Each student attending the intensive will receive a T-shirt. (This time of year it is usually very hot 90's – 100's, however it is Utah and so in the evenings you may need a sweater to wear for the outdoor activities.)
- **Personal Care Items** (Toothbrush, tooth paste, deodorant, brush, comb, soap, shampoo, Band-Aids, etc.)
- **Insurance Card & Medications** (If you take medications or have allergies and need to carry an Epi-pen be sure to pack enough to use for the 4-weeks)
- **Cash, Checks, and/or Credit Card** We have tried to collect as much as possible up front so that students will not have a great need for extra funds, however there will be a couple of times that you will be riding TRAX that you will need to pay and one of the activities is to go to one of our Malls where you may want to purchase souvenirs
- **Lock for Locker**